

THE 28th.LIFE

THE UNLEASHING

MODULE 2 — DISCIPLESHIP THAT MULTIPLIES

Helping Others Follow Jesus

Module Overview

Jesus' final command was not simply to make believers.

It was to make disciples.

A disciple is someone who follows Jesus, is continually being transformed by Him, and helps others do the same.

Throughout **Module 1**, you discovered that every follower of Christ is called to live on mission. You learned to recognize your mission field, build authentic relationships, and naturally share your faith.

Now comes the next step.

Once someone begins following Jesus, they need someone to walk beside them.

They need encouragement.

They need truth.

They need accountability.

They need someone who will help them continue taking their next step toward Christ.

That is discipleship.

Discipleship is far more than teaching information.

It is sharing life.

Jesus spent three years walking alongside His disciples. He taught them through conversations, meals, miracles, challenges, correction, prayer, and everyday experiences. Long before He sent them into the world, He invested deeply in them.

That same pattern continues today.

The Church has never grown simply because people attended services.

It has grown because disciples made disciples.

John Wesley understood this principle perhaps better than anyone in modern church history. Rather than simply preaching to large crowds, Wesley organized believers into small groups called class meetings and bands where they encouraged one another, confessed struggles, studied Scripture, prayed together, and held one another accountable. These simple communities produced mature believers who became leaders, mentors, and disciple-makers themselves.

Healthy disciples multiply.

Every believer is called to receive from someone and invest in someone else.

Discipleship is not reserved for pastors or ministry leaders.

It is the calling of every follower of Jesus.

"And the things you have heard me say... entrust to reliable people who will also be qualified to teach others."

— 2 Timothy 2:2

Learning Objectives

By the end of Module 2, you will:

- Understand what biblical discipleship truly is.
- Learn how to intentionally disciple others.
- Develop mentoring relationships rooted in Christ.
- Build habits that encourage spiritual multiplication.
- Begin helping others become disciple-makers.

LESSON 5 — WHAT IS A DISCIPLE?

Theme

A disciple is someone who continually follows Jesus and helps others follow Him.

Key Scriptures

- Matthew 4:19
 - Luke 9:23
 - John 8:31–32
 - Colossians 2:6–7
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Big Idea

Discipleship is a lifelong journey of following Jesus.

Introduction

When Jesus called His first followers, He didn't ask them to join an organization.

He invited them into a relationship.

"Follow Me."

Those two words changed everything.

Being a disciple means continually learning from Jesus, becoming more like Him, and allowing Him to transform every area of our lives.

Discipleship is not about knowing more facts.

It is about becoming more like Christ.

As we grow, our thoughts, attitudes, priorities, relationships, and actions increasingly reflect His character.

And healthy disciples naturally help others take that same journey.

Marks of a Disciple

A growing disciple:

- Loves Jesus above all else.
- Studies God's Word.
- Prays consistently.
- Obeys God's leading.
- Serves others.
- Lives in Christian community.
- Makes disciples.

Disciples never stop growing.

Reflection

1. How would you define a disciple?
 2. In what areas has Jesus been changing your life?
 3. Where do you still desire to grow?
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Weekly Challenge

Spend time reading one Gospel chapter each day this week.

Ask yourself:

"What does this passage teach me about following Jesus?"

Prayer

Lord Jesus,

Continue shaping my life into Your likeness. Help me become a faithful disciple who reflects Your love, truth, and grace every day.

Amen.

Memory Verse

"Follow Me, and I will make you fishers of men."

— Matthew 4:19

LESSON 6 — MAKING DISCIPLE-MAKERS

Theme

Discipleship doesn't stop with us—it continues through us.

Key Scriptures

- Matthew 28:18–20
 - 2 Timothy 2:2
 - Ephesians 4:11–16
 - Acts 14:21–23
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Big Idea

The goal is not simply more disciples.

The goal is disciples who make disciples.

Introduction

Jesus' ministry multiplied because He invested in people who would continue His work.

The apostles disciplined new believers.

Those believers disciplined others.

Generation after generation, the Gospel has spread through ordinary people faithfully investing in others.

God never intended discipleship to end with one generation.

Healthy disciples reproduce.

Not through pressure.

Not through programs.

Through intentional relationships centered on Christ.

Multiplying Your Faith

You don't need all the answers.

Begin by:

- Meeting regularly.
- Reading Scripture together.
- Praying together.
- Encouraging one another.
- Serving together.
- Sharing what God is teaching you.

God grows what we faithfully plant.

Reflection

1. Who has helped you grow spiritually?
2. Who might God be inviting you to invest in?
3. What simple step could begin that relationship?

Weekly Challenge

Invite someone to join you for coffee or lunch and talk about what God has been teaching you.

Begin the conversation naturally.

Prayer

Father,

Help me faithfully invest in others just as others have invested in me. May my life encourage people to know and follow Jesus.

Amen.

Memory Verse

"Go and make disciples..."

— Matthew 28:19

LESSON 7 — WALKING BESIDE OTHERS

Theme

Discipleship grows through authentic relationships.

Key Scriptures

- Hebrews 10:24–25
- Galatians 6:1–2

- Ecclesiastes 4:9–12
 - Romans 12:10–13
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Big Idea

People grow best when they don't grow alone.

Introduction

Jesus rarely disciplined from a distance.

He walked with people.

He shared meals.

He answered questions.

He encouraged.

He corrected.

He prayed.

He celebrated victories.

He remained present through difficulties.

Walking beside others means choosing to be consistently available as God allows.

Sometimes your greatest ministry is simply showing up.

Listening.

Praying.

Encouraging.

Being faithful.

Discipleship happens in everyday moments.

Becoming an Encourager

Walk beside others by:

- Listening well.
- Praying faithfully.
- Speaking biblical truth with grace.
- Celebrating spiritual growth.
- Being patient.
- Showing compassion.
- Remaining consistent.

People remember those who faithfully walked beside them.

Reflection

1. Who consistently encourages your faith?
 2. How can you become that encouragement for someone else?
 3. What relationships need greater intentionality?
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Weekly Challenge

Reach out to someone this week simply to encourage them.

Offer to pray with them.

Follow up later in the week.

Prayer

Lord,

Make me the kind of friend and mentor who reflects Your love. Help me faithfully walk beside others as they grow in You.

Amen.

Memory Verse

"Carry each other's burdens..."

— Galatians 6:2

LESSON 8 — MULTIPLICATION OVER ADDITION

Theme

God's Kingdom grows as disciples multiply disciples.

Key Scriptures

- Acts 2:42–47
 - Acts 6:1–7
 - John 15:1–8
 - 2 Timothy 2:2
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Big Idea

Healthy discipleship creates multiplying movements, not merely growing numbers.

Introduction

Addition focuses on gathering people.

Multiplication focuses on developing people.

Jesus spent most of His ministry investing deeply in a small group.

Why?

Because transformed people transform people.

One faithful disciple can influence a family.

A family can influence a neighborhood.

A neighborhood can influence a community.

A community can influence a nation.

God often changes the world one relationship at a time.

Never underestimate the impact of faithfully discipling one person.

Living a Multiplying Life

Ask yourself regularly:

- Who is discipling me?
- Who am I discipling?
- Who might they disciple someday?

This is how movements begin.

Not through crowds.

Through faithful disciples who continue making disciples.

Reflection

1. What does multiplication look like in God's Kingdom?
2. How could investing in one person change future generations?
3. Who is your "one" right now?

Weekly Challenge

Choose one person you will intentionally pray for and invest in over the next three months.

Commit to meeting regularly, praying together, and encouraging one another in Christ.

Prayer

Heavenly Father,

Thank You for the people who have invested in my life. Help me faithfully pass on what You have taught me so others may know, love, and follow Jesus. May my life become part of a multiplying movement that brings glory to You.

In Jesus' name,

Amen.

Memory Verse

"Entrust to reliable people who will also be qualified to teach others."

— 2 Timothy 2:2

Module 2 Wrap-Up

Jesus never measured success by the size of the crowd.

He measured it by the faithfulness of His disciples.

Throughout this module, you've learned that discipleship is more than gaining knowledge—it's becoming more like Christ and helping others do the same. You've discovered that healthy discipleship happens through intentional relationships, faithful mentoring, shared experiences,

and consistent encouragement. Most importantly, you've seen that God's plan has always been multiplication: disciples making disciples who make disciples.

As you begin investing in others, remember that you are not expected to be perfect. God uses ordinary people who are willing to love faithfully, teach humbly, and walk patiently beside others. The Holy Spirit is the true teacher; you simply have the privilege of joining Him in His work.

Every conversation, every prayer, every shared meal, and every moment spent encouraging another believer can become part of God's multiplying Kingdom.

Up Next: Module 3 — Servant Leadership

In the next module, you'll discover that leading in God's Kingdom looks very different from leading in the world. Jesus redefined greatness through humility, sacrifice, and service. You'll learn how to lead with Christlike character, influence others through integrity, and become the kind of servant leader who inspires others to faithfully follow Jesus.