

THE28th.LIFE

THE SPARK

MODULE 7 — WORSHIP & LEARNING

Growing Together Through Worship, Biblical Teaching, and Christian Community

Module Overview

Following Jesus was never meant to be a journey we take alone.

While personal prayer, Bible reading, and daily devotion are essential, God also designed us to grow together with other believers through worship, biblical teaching, encouragement, and shared experiences.

From the very beginning of the Church, followers of Jesus gathered regularly to worship God, learn from Scripture, pray together, encourage one another, and celebrate what God was doing in their lives.

Today, we have even more opportunities to continue learning and growing. Through local churches, sermons, Bible studies, podcasts, conferences, and trusted Christian resources, we can continue developing our faith every day.

The key is remembering that these resources don't replace your personal relationship with God—they strengthen it.

This module will help you understand the importance of worship, how to benefit from biblical teaching, and how to use modern resources wisely while remaining rooted in God's Word.

"Let the message of Christ dwell among you richly... singing to God with gratitude in your hearts."

— Colossians 3:16

Learning Objectives

By the end of Module 7, you will:

- Understand the purpose of worship.
 - Learn why gathering with other believers is essential.
 - Discover how sermons help you grow spiritually.
 - Learn to use Christian podcasts and media wisely.
 - Develop habits of lifelong learning.
 - Recognize the importance of discernment in everything you hear.
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LESSON 18 — WHY WORSHIP MATTERS

Theme

Worship is our wholehearted response to who God is and all He has done.

Key Scriptures

- John 4:23–24
 - Psalm 95:1–7
 - Romans 12:1–2
 - Hebrews 13:15
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Big Idea

Worship is not something we attend—it is a way of living that honors God.

Introduction

When many people hear the word *worship*, they immediately think about music.

While singing is certainly one expression of worship, biblical worship is much bigger.

Worship is responding to God with our entire lives.

It includes:

- Singing
- Praying
- Giving thanks
- Serving others
- Reading Scripture
- Obeying God
- Living with integrity
- Using our gifts for His glory

Music may begin worship.

But worship continues long after the songs end.

Why Do We Worship?

We worship because:

God is worthy.

His love never fails.

His mercy is new every morning.

He created us.

He redeemed us through Jesus Christ.

Everything we have comes from Him.

Worship shifts our attention away from ourselves and places it on God.

As we worship, our perspective changes.

Worship Changes Us

Worship doesn't change who God is.

It changes us.

When we regularly focus on God's greatness:

- Fear becomes faith.
 - Worry becomes trust.
 - Gratitude replaces complaining.
 - Hope grows stronger.
 - Our hearts become more aligned with God's heart.
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Worship Beyond Sunday

True worship continues throughout the week.

You worship when:

- You forgive someone.
- You serve your neighbor.
- You work with integrity.
- You care for your family.
- You spend time with God.
- You choose obedience over convenience.

Every part of life can become an act of worship.

Reflection

1. How would you define worship?
 2. When do you feel closest to God in worship?
 3. How can everyday activities become acts of worship?
 4. What distracts you from focusing on God?
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Weekly Challenge

- Attend a worship service.
- Spend time listening to worship music during the week.
- Begin each day by thanking God for three blessings.
- Look for one opportunity each day to worship through service.

Prayer

Father,

You alone are worthy of all praise. Help me worship You not only with my words, but with my thoughts, my choices, and my life. May everything I do bring glory to You.

In Jesus' name,

Amen.

Memory Verse

"Yet a time is coming...when the true worshipers will worship the Father in the Spirit and in truth."

— John 4:23

LESSON 19 — GROWING THROUGH BIBLICAL TEACHING

Theme

God uses biblical teaching to shape our minds, strengthen our faith, and equip us to follow Jesus.

Key Scriptures

- 2 Timothy 4:1–5
- Acts 2:42
- Romans 10:17
- Hebrews 10:24–25

Big Idea

Faith grows as we consistently hear and apply God's Word.

Introduction

The earliest Christians devoted themselves to the apostles' teaching.

Why?

Because spiritual growth requires continual learning.

Every sermon, Bible study, and class provides an opportunity to better understand God's Word and apply it to everyday life.

Healthy churches teach Scripture faithfully, helping believers mature in Christ.

Making the Most of a Sermon

Before church:

- Pray that God will speak to you.
- Read the Scripture passage if it's available.

During the message:

- Take notes.
- Highlight questions.
- Write down practical applications.

Afterward:

- Review your notes.
- Discuss the message with someone.
- Apply one truth during the week.

The goal isn't collecting information.

The goal is transformation.

Becoming a Lifelong Learner

Followers of Jesus never stop growing.

Continue learning through:

- Bible studies
- Christian books
- Conferences
- Discipleship groups
- Trusted online teaching

Remain humble.

Remain teachable.

Remain rooted in Scripture.

Reflection

1. What helps you stay engaged during teaching?
 2. How do you usually apply what you hear?
 3. What area of Scripture would you like to understand better?
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Weekly Challenge

Take notes during this week's sermon and identify one action you will take because of it.

Prayer

Lord,

Give me a teachable heart. Help me hear Your Word with humility and respond with obedience. Continue shaping me into the image of Christ.

Amen.

Memory Verse

"Faith comes from hearing the message, and the message is heard through the word about Christ."

— Romans 10:17

LESSON 20 — LEARNING THROUGH PODCASTS, BOOKS, AND CHRISTIAN RESOURCES

Theme

God can use many faithful resources to help us grow, but Scripture remains our ultimate authority.

Key Scriptures

- Proverbs 4:7
 - Colossians 2:6–8
 - Acts 17:11
 - Philippians 4:8
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Big Idea

Use Christian resources to support your spiritual growth while always evaluating everything through God's Word.

Introduction

We live in an incredible time.

Biblical teaching is available almost anywhere through:

- Podcasts
- Audiobooks
- Sermons
- Bible apps
- Online courses
- Videos
- Devotionals

These tools can encourage your faith throughout the week.

However, every teacher is human.

That means every message should be compared with Scripture.

The Bible is our final authority.

Choosing Healthy Resources

Ask these questions:

- Does this teaching point people toward Jesus?
- Is it faithful to Scripture?
- Does it encourage love, humility, and holiness?
- Does it align with the historic Christian faith?
- Does it produce spiritual fruit?

If something consistently contradicts Scripture, avoid it.

Growing Through Conversation

Learning isn't only about listening.

Talk with others about what you're learning.

Join a Bible study.

Ask questions.

Share insights.

Learning becomes deeper when it's lived in community.

Reflection

1. What Christian resources encourage your faith?
 2. How can you ensure your learning stays rooted in Scripture?
 3. Who helps you grow spiritually?
 4. What resource will you begin using regularly?
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Weekly Challenge

- Listen to one biblically sound podcast this week.
 - Read one chapter from a trusted Christian book.
 - Discuss what you learned with a friend or mentor.
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Prayer

Father,

Thank You for providing teachers, pastors, authors, and leaders who faithfully share Your truth. Give me wisdom and discernment so that everything I learn draws me closer to Jesus and deeper into Your Word.

In Christ's name,

Amen.

Memory Verse

"Now the Berean Jews were of more noble character...for they received the message with great eagerness and examined the Scriptures every day to see if what Paul said was true."

— Acts 17:11

Recommended Resources

As you continue your journey through **THE SPARK**, make learning a regular part of your life. Here are a few trusted resources to help you grow:

Bible Apps

- YouVersion Bible App
- Blue Letter Bible
- BibleProject App

Podcasts

- THE28th.LIFE Podcast
- BibleProject Podcast
- Ask N.T. Wright Anything
- The Bible Recap

Video Resources

- BibleProject
- RightNow Media (through participating churches)

Books

- *Mere Christianity* by C.S. Lewis
- *The Purpose Driven Life* by Rick Warren
- *Celebration of Discipline* by Richard Foster
- *Knowing God* by J.I. Packer

Note: Always read books and listen to teachers with an open Bible. Every resource should point you back to Scripture, not replace it.

Module 7 Wrap-Up

God never intended your spiritual growth to happen in isolation. He invites you into a community of worship, learning, and encouragement where your faith is strengthened alongside other believers.

As you gather with the Church, listen to biblical teaching, sing God's praises, and continue learning through trusted resources, remember that these practices all serve one purpose: helping you know and follow Jesus more faithfully.

Keep your heart humble, your mind teachable, and your Bible open. Let every sermon, every song, every conversation, and every resource draw you closer to Christ.

In **Module 8**, you'll take the next step by exploring what it means to live your faith every day through Christian community, serving others, and discovering your place in God's mission. There, you'll begin moving from simply learning about Jesus to living like Him in the world around you.