

THE 28th.LIFE

THE SPARK

MODULE 3 — FOLLOWING JESUS

Knowing the One Who Changes Everything

Module Overview

At the heart of Christianity is not a philosophy, a set of rules, or a religious tradition.

At the heart of Christianity is a person.

Jesus Christ.

Everything you've learned so far—the love of God and His amazing grace—finds its fulfillment in Jesus. He is God's greatest revelation of Himself and the Savior of the world. Through His life, death, and resurrection, Jesus made it possible for us to be forgiven, restored, and adopted into God's family.

But following Jesus is more than believing certain facts about Him. It is an invitation into a lifelong relationship that transforms how we think, live, love, and serve.

In this module, you'll discover who Jesus is, why He came, what salvation truly means, and how saying "yes" to Him becomes the beginning of a brand-new life.

"Jesus said, 'I am the way and the truth and the life. No one comes to the Father except through Me.'"

— John 14:6

Learning Objectives

By the end of Module 3, you will:

- Understand who Jesus is according to Scripture.
- Discover why Jesus came to earth.

- Learn what salvation is and why everyone needs it.
 - Understand repentance and faith.
 - Gain confidence in your assurance of salvation.
 - Begin living daily as a follower of Jesus.
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LESSON 4 — WHO IS JESUS?

Theme

Jesus is the Son of God, the Savior of the world, and the Lord who invites us to follow Him.

Key Scriptures

- John 1:1–18
 - Colossians 1:15–20
 - Mark 1:14–20
 - John 14:6
 - Hebrews 1:1–4
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Big Idea

Jesus is not simply a great teacher or moral example. He is God in the flesh, who came to reveal the Father and redeem humanity.

Introduction

Few people in history have influenced the world like Jesus Christ.

His teachings have shaped civilizations.

His compassion has inspired hospitals, schools, charities, and missions.

His followers span every nation and culture.

Yet the most important question is not **"What do others believe about Jesus?"**

The most important question is the one Jesus asked His own disciples:

"Who do you say I am?"

— Matthew 16:15

Your answer to that question shapes everything.

Jesus Is God With Us

The Gospel of John begins with an extraordinary declaration:

"In the beginning was the Word...and the Word was God...The Word became flesh and made His dwelling among us."

Jesus was not merely sent by God.

He **is** God.

He entered human history to reveal God's character perfectly.

When we look at Jesus, we see:

- God's compassion.
- God's holiness.
- God's justice.
- God's mercy.
- God's love.

Everything Jesus did reflected the heart of the Father.

Why Did Jesus Come?

Jesus Himself answered that question.

He came:

- To seek and save the lost (Luke 19:10).
- To proclaim the Kingdom of God (Mark 1:15).

- To reveal the Father (John 14:9).
- To serve rather than be served (Mark 10:45).
- To give His life as a ransom for many.
- To conquer sin and death through His resurrection.

Every miracle, every teaching, and ultimately the cross pointed toward God's plan to rescue humanity.

Jesus Calls Ordinary People

When Jesus began His ministry, He did not recruit scholars, kings, or religious elites.

He called fishermen.

Tax collectors.

Tradesmen.

Ordinary men and women.

His invitation was simple:

"Follow Me."

He still extends that same invitation today.

Jesus does not ask us to have perfect lives before coming to Him.

He asks us to trust Him and walk with Him one step at a time.

What Does It Mean to Follow Jesus?

Following Jesus involves more than believing He exists.

It means:

- Learning from Him.
- Trusting His Word.
- Obeying His teachings.
- Becoming more like Him.

- Loving God and others.
- Participating in His mission.

Discipleship is a lifelong journey of becoming who God created us to be.

Reflection

1. Before today, how would you have described Jesus?
 2. What surprised you most about His life or mission?
 3. Why do you think Jesus chose ordinary people as His disciples?
 4. What does Jesus' invitation to "Follow Me" mean to you personally?
 5. In what area of your life is Jesus inviting you to trust Him more fully?
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Weekly Challenge

This week:

- ✓ Read the Gospel of Mark, chapters 1–4.
 - ✓ Make a list of everything you learn about Jesus.
 - ✓ Pray each day, asking Jesus to reveal Himself more clearly to you.
 - ✓ Identify one area where you will intentionally follow His example.
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Prayer

Lord Jesus,

Thank You for coming into the world to reveal the Father's love and to make a way for me to know God personally. Help me see You more clearly through Your Word and teach me what it truly means to follow You.

Give me the courage to trust You with every part of my life and to become more like You each day.

Amen.

Memory Verse

"I am the way and the truth and the life. No one comes to the Father except through Me."

— John 14:6

LESSON 5 — SALVATION: GOD'S GIFT OF NEW LIFE

Theme

Salvation is God's gracious gift, received through faith in Jesus Christ, bringing forgiveness, new life, and eternal hope.

Key Scriptures

- Ephesians 2:1–10
 - Romans 10:9–13
 - John 3:1–17
 - 2 Corinthians 5:17
 - Romans 8:1–17
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Big Idea

Salvation is not something we earn—it is God's gift that restores us to a relationship with Him through Jesus Christ.

Introduction

Everyone recognizes that something in our world is broken.

We see it in injustice, violence, broken relationships, selfishness, and suffering.

If we're honest, we also recognize brokenness within ourselves.

The Bible calls this **sin**.

Sin is more than doing wrong things.

It is living independently of God, choosing our own way instead of His.

Sin separates us from the God who created us for relationship.

But separation is not the end of the story.

God made a way home.

What Is Salvation?

Salvation is God's work of rescuing us from the power and consequences of sin and restoring us to a right relationship with Him.

Through Jesus:

- Our sins are forgiven.
- We receive new life.
- We become children of God.
- The Holy Spirit comes to live within us.
- We begin a lifelong journey of transformation.

Salvation is not simply about going to heaven someday.

It is about beginning a new life with Christ today.

Repentance and Faith

Jesus' first recorded message was simple:

"Repent and believe the good news!"

— Mark 1:15

Repentance means turning away from sin and turning toward God.

Faith means placing our trust in Jesus rather than in ourselves.

These are not one-time events we leave behind.

They become an ongoing posture of the Christian life.

Each day we choose to trust Christ more deeply and allow Him to shape us.

Becoming a New Creation

The Apostle Paul writes:

"If anyone is in Christ, the new creation has come."

— 2 Corinthians 5:17

When we place our faith in Jesus, God does not simply improve our old life.

He begins making us new.

This transformation is both immediate and ongoing.

Our identity changes instantly—we become God's beloved children.

Our character grows over time as the Holy Spirit continues His work within us.

Can I Know I'm Saved?

Many Christians wonder whether they can truly know they belong to God.

Scripture offers assurance, not uncertainty.

Our confidence is not based on our feelings or our performance.

It rests on God's promises.

If you have placed your faith in Jesus Christ, confessed Him as Lord, and are trusting Him for your salvation, you can live with confidence that God is faithful to keep His promises.

Assurance grows as we continue walking with Christ, studying His Word, and seeing His transforming work in our lives.

Living as a Follower of Jesus

Salvation is the doorway—not the destination.

As followers of Jesus, we continue to grow by:

- Spending time in prayer.
- Reading Scripture.
- Worshiping with other believers.
- Serving others.
- Sharing God's love.
- Following the Holy Spirit's guidance.

These practices do not earn salvation.

They help us grow in the relationship God has already begun.

Reflection

1. How would you describe salvation in your own words?
 2. What does repentance mean in your daily life?
 3. What gives you confidence in God's promises?
 4. How has God already begun changing you?
 5. What is one next step Jesus is inviting you to take?
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Weekly Challenge

This week:

✓ Read the Gospel of John, chapter 3.

✓ Read Ephesians 2.

✓ Write your personal story of how God has been working in your life.

✓ Thank God each day for His gift of salvation.

✓ Share something you've learned with a trusted Christian friend or mentor.

Prayer

Heavenly Father,

Thank You for sending Jesus Christ to rescue me and restore me to You. Thank You that salvation is a gift of Your grace and not something I could ever earn.

Strengthen my faith each day. Help me trust Your promises, follow Jesus faithfully, and become more like Him through the work of Your Holy Spirit.

Thank You for making me a new creation and welcoming me into Your family.

In Jesus' name,

Amen.

Memory Verse

"If anyone is in Christ, the new creation has come: The old has gone, the new is here!"

— 2 Corinthians 5:17

Module 3 Wrap-Up

Everything in the Christian life begins and ends with Jesus Christ.

He is the perfect revelation of God's love, the Savior who gave His life for us, and the Lord who calls us to follow Him every day.

Through faith in Him, we receive forgiveness, new life, and the assurance that we belong to God. Following Jesus is not about achieving perfection; it is about walking faithfully with Him, trusting His grace, and allowing Him to transform us day by day.

As you continue through **THE SPARK**, remember that knowing Jesus leads naturally to spending time with Him.

In **Module 4**, you'll begin exploring one of the greatest privileges of the Christian life: **prayer**—an ongoing conversation with the God who knows you, loves you, and invites you into His presence.