

THE 28th.LIFE

THE EMBERS

MODULE 4 — THE HOLY SPIRIT

Living Empowered Every Day

Module Overview

One of the greatest gifts Jesus gave His followers wasn't something—it was Someone.

Before Jesus ascended into heaven, He promised that His followers would never be alone. He promised to send the Holy Spirit—the very presence of God—to dwell within every believer.

The Holy Spirit is not merely a force, an emotion, or an influence.

He is the third Person of the Trinity—fully God, eternal, personal, and actively involved in every believer's life.

From the moment you trusted Christ, the Holy Spirit began living within you. He convicts you of sin, comforts you in hardship, teaches you God's truth, empowers you for holy living, and continually shapes you into the likeness of Jesus.

The Christian life was never meant to be lived in your own strength.

God Himself lives within you.

As John Wesley taught, the Holy Spirit is the One who applies God's sanctifying grace to our lives, transforming us day by day until we increasingly reflect the character of Christ.

Throughout this module, you'll discover how to recognize the Spirit's work, learn to walk in step with His leading, discern His voice through Scripture, and allow Him to produce Christlike character within you.

The embers are growing stronger—not by human effort, but through the power of God's Spirit at work within you.

"For all who are led by the Spirit of God are children of God."

— Romans 8:14

Learning Objectives

By the end of Module 4, you will:

- Understand who the Holy Spirit is.
- Recognize the Holy Spirit's work in your daily life.
- Learn what it means to walk by the Spirit.
- Develop discernment in hearing God's voice.
- Understand the Fruit of the Spirit.
- Depend upon God's power rather than your own strength.

LESSON 13 — WHO IS THE HOLY SPIRIT?

Theme

The Holy Spirit is God living within every believer.

Key Scriptures

- John 14:15–27
- Acts 1:8
- Romans 8:9–17
- 1 Corinthians 3:16

Big Idea

The Holy Spirit is not simply with you—He lives within you.

Introduction

Many Christians understand God the Father.

They know Jesus the Son.

But the Holy Spirit often feels mysterious.

The Bible teaches that the Holy Spirit is fully God.

He is not an "it."

He is a Person.

He speaks.

He teaches.

He comforts.

He guides.

He empowers.

He loves.

The Holy Spirit isn't distant.

He is God's constant presence in the life of every believer.

What Does the Holy Spirit Do?

The Holy Spirit:

- Convicts us of sin.
- Reveals God's truth.
- Comforts us in suffering.
- Gives wisdom.
- Produces spiritual fruit.
- Empowers us for ministry.
- Gives spiritual gifts.
- Helps us pray.
- Reminds us of Jesus' teachings.
- Assures us that we belong to God.

He continually points us toward Jesus.

Reflection

1. How would you describe the Holy Spirit?
 2. Which role of the Holy Spirit encourages you most?
 3. How does knowing God lives within you change your perspective?
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Weekly Challenge

Read Romans 8 slowly this week.

Highlight every reference to the Holy Spirit.

Journal what you discover.

Prayer

Holy Spirit,

Thank You for living within me. Help me know You more deeply and recognize Your presence in every part of my life.

Amen.

Memory Verse

"Do you not know that your bodies are temples of the Holy Spirit?"

— 1 Corinthians 6:19

LESSON 14 — WALKING BY THE SPIRIT

Theme

Spiritual maturity comes from daily surrender to the Holy Spirit.

Key Scriptures

- Galatians 5:16–26
 - Romans 8:5–8
 - Ephesians 5:15–20
 - Colossians 3:1–17
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Big Idea

Walking by the Spirit means choosing God's direction every day.

Introduction

The Christian life isn't lived one decision at a time.

It's lived one step at a time.

Paul tells believers to "walk by the Spirit."

Walking implies movement.

Consistency.

Direction.

Dependence.

Each day we face countless opportunities to follow either our own desires or God's leading.

Walking by the Spirit means continually choosing to trust His wisdom above our own.

What Does Walking by the Spirit Look Like?

Walking by the Spirit means:

- Choosing forgiveness over resentment.
- Choosing humility over pride.
- Choosing generosity over selfishness.
- Choosing truth over compromise.
- Choosing love over anger.
- Choosing obedience over convenience.

These choices become possible because God's Spirit is working within us.

Reflection

1. What area of your life needs greater surrender?
 2. Where do you sense God leading you today?
 3. What practical step can you take this week to follow His leading?
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Weekly Challenge

Each morning pray:

"Holy Spirit, lead every step I take today."

Each evening, reflect on where you noticed His guidance.

Prayer

Lord,

Teach me to walk with You every day. Help me recognize Your leading and trust Your direction above my own understanding.

Amen.

Memory Verse

"Walk by the Spirit, and you will not gratify the desires of the flesh."

— Galatians 5:16

LESSON 15 — DISCERNING GOD'S VOICE

Theme

God continues to guide His people through His Spirit and His Word.

Key Scriptures

- John 10:1–5
 - Psalm 119:105
 - James 1:5
 - Isaiah 30:21
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Big Idea

The Holy Spirit never leads us apart from the truth of Scripture.

Introduction

Many believers wonder,

"How do I know when God is speaking?"

The Holy Spirit guides us in many ways.

Most often, He speaks through:

- Scripture.
- Prayer.
- Wise Christian counsel.
- Circumstances.
- The inner conviction He places in our hearts.

Every impression should be tested against God's Word.

God never contradicts Himself.

The more familiar you become with Scripture, the more easily you'll recognize His voice.

Learning to Listen

When seeking God's direction:

- Pray first.
- Read Scripture.
- Wait patiently.
- Seek wise counsel.
- Examine your motives.
- Trust God's timing.

Sometimes God's guidance is immediate.

Other times He asks us to wait.

Both require faith.

Reflection

1. When have you sensed God guiding you?
2. What decision are you currently praying about?
3. How can Scripture help you discern God's direction?

Weekly Challenge

Spend fifteen minutes each day asking God for wisdom regarding one decision you're facing.

Write down what you learn through Scripture and prayer.

Prayer

Father,

Help me hear Your voice above every distraction. Give me wisdom, discernment, and patience as I seek Your will for my life.

Amen.

Memory Verse

"Your word is a lamp for my feet, a light on my path."

— Psalm 119:105

LESSON 16 — THE FRUIT OF THE SPIRIT

Theme

The clearest evidence of the Holy Spirit's work is a transformed life.

Key Scriptures

- Galatians 5:22–26
 - John 15:1–17
 - Colossians 3:12–17
 - Philippians 2:1–11
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Big Idea

The Holy Spirit changes us from the inside out, producing the character of Christ.

Introduction

Healthy trees naturally produce healthy fruit.

Jesus taught that our lives work the same way.

The goal of the Christian life isn't merely doing better.

It's becoming different.

As we remain connected to Christ and walk by the Spirit, He produces qualities we cannot manufacture on our own.

Paul calls these qualities the **Fruit of the Spirit**.

Notice that Scripture says **fruit**, not fruits.

These qualities work together as one beautiful picture of Christlike character.

The Fruit of the Spirit

The Holy Spirit grows within us:

- Love
- Joy
- Peace
- Patience
- Kindness

- Goodness
- Faithfulness
- Gentleness
- Self-control

This fruit doesn't appear overnight.

It develops over time as we continue walking with Christ.

The more we surrender to the Spirit, the more our lives begin to resemble Jesus.

Reflection

1. Which fruit do you see growing in your life?
 2. Which fruit needs the most attention?
 3. How is the Holy Spirit shaping your character?
 4. How can others experience Christ through the fruit in your life?
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Weekly Challenge

Choose one Fruit of the Spirit to intentionally practice every day this week.

Ask God to strengthen that area of your life.

Prayer

Holy Spirit,

Continue producing Your fruit within me. Shape my heart until my thoughts, words, and actions reflect the love and character of Jesus Christ.

In His name,

Amen.

Memory Verse

"The fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control."

— Galatians 5:22–23

Module 4 Wrap-Up

The Holy Spirit is God's abiding presence within every believer. He is not only the One who comforts and guides you—He is the One who transforms you through God's sanctifying grace.

As you learn to recognize His voice, walk in His leading, and surrender to His work, your life begins to display the character of Jesus more clearly. The Fruit of the Spirit becomes visible not because of your own strength, but because Christ is living through you.

The embers of your faith are becoming steadier and stronger. As the Holy Spirit continues His work, you'll discover that true spiritual maturity is not measured by what you know, but by who you are becoming.

In **Module 5**, you'll build on this foundation by exploring **Christian Character**—discovering how the Beatitudes, the example of Jesus, and a life of holiness shape believers into people who reflect God's love, truth, humility, and compassion in every area of life.