

THE28th.LIFE

THE EMBERS

MODULE 2 — YOUR IDENTITY IN CHRIST

Living from Who You Are, Not What You Do

Module Overview

One of the greatest battles every Christian faces is not learning new behaviors—it is believing the truth about who God says we are.

The world constantly tries to define us by our achievements, failures, appearance, relationships, careers, possessions, or past mistakes. We often measure our value by what we accomplish or by what others think of us.

God tells a different story.

When you placed your faith in Jesus Christ, your identity changed forever.

You are no longer defined by your past.

You are no longer identified by your failures.

You are no longer a slave to sin or shame.

You have become a new creation.

Because of Christ, you are forgiven, adopted into God's family, empowered by the Holy Spirit, and called to reflect the character of Jesus. Your identity is no longer something you must earn—it is a gift you receive through God's grace.

Living from your identity in Christ changes everything.

It changes how you see yourself.

It changes how you treat others.

It changes how you respond to failure.

It changes how you face suffering.

It changes how you walk through every season of life.

Throughout this module, you'll discover that spiritual maturity begins by believing what God says about you rather than what the world says about you.

The embers continue to grow stronger as God's truth replaces fear, shame, insecurity, and striving with confidence, freedom, and purpose.

"Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!"

— 2 Corinthians 5:17

Learning Objectives

By the end of Module 2, you will:

- Understand your new identity in Christ.
 - Discover what it means to be adopted into God's family.
 - Learn to overcome shame, guilt, and condemnation.
 - Replace worldly identity with biblical identity.
 - Develop confidence rooted in God's love.
 - Begin living from your identity instead of striving to earn it.
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LESSON 5 — A NEW CREATION

Theme

In Christ, you are no longer defined by your past—you are made new.

Key Scriptures

- 2 Corinthians 5:17
- Ephesians 2:1–10

- Colossians 3:1–4
 - Romans 6:1–14
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Big Idea

Jesus doesn't simply improve your life—He gives you a new life.

Introduction

Everyone carries a story.

Some chapters are filled with joy.

Others contain regret.

Many people believe their past defines their future.

But when God saves us, He begins writing a new story.

The Bible says we become a **new creation**.

This doesn't mean our memories disappear or our personalities change overnight.

It means our identity has fundamentally changed.

We no longer belong to our old life.

We now belong to Christ.

What Has Changed?

In Christ:

- You are forgiven.
- You are redeemed.
- You are made spiritually alive.
- You belong to God.

- You have a new purpose.
- You have a new future.

Your past may explain where you've been.

It no longer determines where you're going.

Reflection

1. What labels have you allowed to define you?
 2. What does becoming a "new creation" mean to you?
 3. What part of your old identity is God asking you to leave behind?
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Weekly Challenge

Write down five truths Scripture says about who you are in Christ. Read them every morning this week.

Prayer

Father,

Thank You for making me new through Jesus Christ. Help me leave behind the lies of my past and embrace the identity You have given me.

Amen.

Memory Verse

"If anyone is in Christ, the new creation has come."

— 2 Corinthians 5:17

LESSON 6 — ADOPTED INTO GOD'S FAMILY

Theme

You are no longer an outsider—you are God's beloved child.

Key Scriptures

- Romans 8:14–17
 - Galatians 4:4–7
 - John 1:12–13
 - Ephesians 1:3–8
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Big Idea

God doesn't simply forgive you—He welcomes you into His family.

Introduction

One of the most beautiful pictures of salvation is adoption.

Through Jesus Christ, God doesn't merely remove our guilt.

He brings us home.

He calls us His children.

He invites us into His family.

He gives us an inheritance.

He promises never to leave us.

This relationship changes everything.

We no longer approach God as strangers.

We approach Him as loving sons and daughters.

Living as God's Child

Because you are God's child:

- You are deeply loved.
- You are never abandoned.
- You are accepted.
- You are secure.
- You belong.
- You have a Heavenly Father who delights in you.

Your value comes from whose you are—not from what you accomplish.

Reflection

1. How does knowing God as Father change your perspective?
 2. Where do you still struggle to believe you are fully accepted?
 3. How can you begin living with the confidence of being God's child?
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Weekly Challenge

Begin each prayer this week by addressing God as "Father" and spend time thanking Him for adopting you into His family.

Prayer

Father,

Thank You for welcoming me into Your family through Jesus Christ. Help me live with the confidence, security, and peace that come from knowing I belong to You.

Amen.

Memory Verse

"See what great love the Father has lavished on us, that we should be called children of God!"

— 1 John 3:1

LESSON 7 — FREE FROM SHAME

Theme

God's grace frees us from guilt, shame, and condemnation.

Key Scriptures

- Romans 8:1–4
 - Psalm 103:8–12
 - Isaiah 43:1
 - Hebrews 8:12
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Big Idea

Because of Jesus, your sins are forgiven and your identity is no longer rooted in shame.

Introduction

Many believers know they are forgiven.

Far fewer believe they are truly free.

Shame whispers:

"You'll never change."

"You'll never be enough."

"God could never fully love someone like you."

The Gospel says otherwise.

Jesus didn't simply remove your guilt.

He removed your condemnation.

He calls you redeemed.

God remembers your sin no more.

When He looks at you, He sees someone covered by the righteousness of Christ.

Walking in Freedom

Freedom grows when we:

- Confess our sins.
- Receive God's forgiveness.
- Reject the lies of shame.
- Remember God's promises.
- Walk in obedience.
- Extend grace to ourselves as God has extended grace to us.

Freedom isn't pretending we've never sinned.

Freedom is believing Christ has already paid for it.

Reflection

1. What past failure is hardest to leave behind?
2. What lie do you need to replace with God's truth?
3. How would your life change if you truly believed there is no condemnation in Christ?

Weekly Challenge

Every time you feel condemned this week, read Romans 8:1 aloud and thank God for His grace.

Prayer

Jesus,

Thank You for taking my shame upon Yourself. Help me walk in the freedom You purchased for me and remind me daily that I am forgiven and loved.

Amen.

Memory Verse

"There is now no condemnation for those who are in Christ Jesus."

— Romans 8:1

LESSON 8 — LIVING FROM YOUR IDENTITY

Theme

Our behavior flows from our identity, not the other way around.

Key Scriptures

- Colossians 3:12–17
- Ephesians 4:1–3

- Matthew 5:13–16
 - Philippians 2:1–11
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Big Idea

We don't obey God to become His children—we obey because we already are.

Introduction

Many people spend their lives trying to prove their worth.

Followers of Jesus live differently.

Our identity is already secure.

Because we know who we are in Christ, we are free to live with humility, courage, generosity, and love.

Identity always shapes behavior.

When you believe you are loved, you love others.

When you believe you are forgiven, you forgive.

When you know you belong to God, you live with confidence rather than fear.

As your understanding of your identity grows, your life begins to reflect the character of Jesus more naturally.

Living Like Jesus

Every day ask yourself:

- How would someone who knows they are loved respond?
- How would someone who belongs to God treat others?
- How would Jesus respond in this situation?

Living from your identity means allowing God's truth to shape every decision you make.

Reflection

1. Which truth about your identity has impacted you the most?
 2. How has God changed the way you see yourself?
 3. In what area of your life do you need to begin living from your identity instead of your emotions?
 4. How can your identity in Christ influence your relationships this week?
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Weekly Challenge

Each morning declare these truths aloud:

- I am loved.
- I am forgiven.
- I am God's child.
- I am a new creation.
- I am called to reflect Jesus today.

Live intentionally from those truths throughout the day.

Prayer

Father,

Thank You for showing me who I truly am through Jesus Christ. Help me reject the lies of the world and embrace the identity You have given me. May my life reflect the confidence, humility, love, and purpose that come from belonging to You.

In Jesus' name,

Amen.

Memory Verse

"Clothe yourselves with compassion, kindness, humility, gentleness and patience."

— Colossians 3:12

Module 2 Wrap-Up

As the embers of your faith continue to grow, one of the greatest truths you can embrace is this: **your identity is secure because it is rooted in Christ, not in your performance.**

You are no longer striving to earn God's acceptance—you are living from the acceptance He has already given you through Jesus. As you embrace your identity as a new creation, a beloved child of God, and someone set free from shame, your thoughts, attitudes, and actions begin to reflect the life of Christ more naturally.

Knowing who you are is essential to becoming who God is calling you to be.

In **Module 3**, you'll discover how to intentionally position yourself for continued growth through the **Spiritual Disciplines**. You'll explore practices such as deeper prayer, studying Scripture, fasting, solitude, and listening for God's voice—not as obligations to earn His favor, but as life-giving rhythms through which His sanctifying grace continues to shape you into the likeness of Jesus.